In Progress

Please note that this Unit Profile is still in progress. The content below is subject to change.

SOWK28003 *Psychosocial Health and Wellbeing Across the Lifespan*
Term 1 - 2026

Profile information current as at 05/09/2025 05:43 pm

All details in this unit profile for SOWK28003 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student).The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

The unit explores multifaceted personal, interpersonal, cultural, and contextual factors influencing bio-psycho-social-spiritual health and well-being and human development across the lifespan. You will critically examine the dominant, normative discourses on health, including physical health and disability, mental health, drug and alcohol use/abuse, gender and sexual identity, child development, and the aging process. You will examine the implications for Aboriginal and Torres Strait Islander peoples and diverse populations and alternative culturally responsive psychosocial assessments. You will assess the impact of socioeconomic status, life opportunities, trauma, and environmental challenges on health and well-being. Additionally, you will critique theories of grief and loss, trauma, and resilience, identifying the risks to well-being and sources of resilience. You will integrate this knowledge with professional values and ethics to develop your communication skills for conducting holistic social work assessments and interventions through case studies and role plays in health settings. Engaging in critical reflective practice, you will address biases and power relations and ensure ethical, culturally sensitive approaches. Throughout the unit, particular consideration will be given to the ongoing impact of colonisation, displacement and discrimination on the physical and mental health and well-being of Aboriginal and Torres Strait Islander peoples and integrating culturally sensitive psychosocial assessments to decolonise practice and build partnerships with First Nations people.

Details

Career Level: *Postgraduate*
Unit Level: *Level 8*
Credit Points: *6*
Student Contribution Band: *10*
Fraction of Full-Time Student Load: *0.125*

Pre-requisites or Co-requisites

There are no requisites for this unit.
Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure (Higher Education Coursework)](#).

Offerings For Term 1 - 2026

- Sydney

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Information for Class and Assessment Overview has not been released yet.
This information will be available on Monday 12 January 2026

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).
You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Unit Learning Outcomes

Information for Unit Learning Outcomes has not been released yet.
This information will be available on Monday 12 January 2026

Alignment of Learning Outcomes, Assessment and Graduate Attributes

Information for Alignment of Learning Outcomes, Assessment and Graduate Attributes has not been released yet.
This information will be available on Monday 12 January 2026

Textbooks and Resources

Information for Textbooks and Resources has not been released yet.
This information will be available on Monday 16 February 2026

Academic Integrity Statement

Information for Academic Integrity Statement has not been released yet.
This unit profile has not yet been finalised.