

## In Progress

Please note that this Unit Profile is still in progress. The content below is subject to change.



# PSYC22002 Health Psychology and Rehabilitation

## Term 2 - 2024

Profile information current as at 19/05/2024 08:45 am

All details in this unit profile for PSYC22002 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

## General Information

### Overview

This Unit is intended to provide you with advanced knowledge in health psychology and the components that encompass health psychology. The Unit will provide knowledge on behavioural medicine, rehabilitation practice, health prevention, health promotion, and well-being principles necessary for working as a Clinical Psychologist. The unit aims to build your competency in assessment, treatment planning and intervention for health and wellness within clinical psychology practice, using a culturally-responsive and reflective practice approach.

### Details

Career Level: *Postgraduate*

Unit Level: *Level 9*

Credit Points: 6

Student Contribution Band: 10

Fraction of Full-Time Student Load: 0.125

### Pre-requisites or Co-requisites

There are no requisites for this unit.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

### Offerings For Term 2 - 2024

- Rockhampton

### Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 6-credit Postgraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure - Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure - International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback - Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

#### Feedback from Student evaluation comments

##### **Feedback**

Students noted that there were too many assessments and assessments were very close together.

##### **Recommendation**

It is recommended that the number of assessments be reduced. Reducing the number of assessments will assist in spreading out the timing of assessments.

#### Feedback from Student evaluation comments

##### **Feedback**

Students requested that timing of assessments are revised to take into consideration submission broader course requirements, specifically thesis submission.

##### **Recommendation**

It is recommended that assessment due dates take into consideration the due date of students' major assessments in other units.

#### Feedback from Student evaluation comments

##### **Feedback**

Students noted that the assessment criteria were a bit broad, which reflected the nature of the topic, however it made it hard to move ahead without first seeking clarification.

##### **Recommendation**

It is recommended that the order of lecture topics be revised and specific lecture time is dedicated to providing a practical example of how a topic in health psychology can be matched with assessment requirements and marking criteria early in the unit. This is expected to strengthen the clarity of expectations and assist students to move ahead with their assessments.

## Unit Learning Outcomes

### **On successful completion of this unit, you will be able to:**

1. Apply biopsychosocial models of health for person-centred and culturally responsive evidenced-based practice
2. Demonstrate clinical skills and reflective practice in evidence-based health behaviour change interventions including motivational interviewing and relapse prevention
3. Critically appraise and integrate recent and relevant literature into clinical practice specific to health psychology and rehabilitation in oral and written format.

These learning outcomes are intended to link with the CG17 Master of Clinical Psychology course Learning Outcome "Apply advanced knowledge of psychological, developmental, and biopsychosocial models of health, with consideration of culturally and linguistically diverse populations including Aboriginal and Torres Strait Islander peoples" (Learning Outcome number 2).

The PSYC22002 Learning Outcomes align with the 2019 Australian Psychology Accreditation Council (APAC) accreditation guidelines for Level 4 Graduate Competencies (4.2.1.i, 4.2.1.ii, 4.2.2.i, 4.2.3.i, 4.2.3.iii, and 4.2.3.iv.), which are specific to culturally responsive biopsychosocial models of health and health rehabilitation in clinical psychology.

## Alignment of Learning Outcomes, Assessment and Graduate Attributes



### Alignment of Assessment Tasks to Learning Outcomes

| Assessment Tasks   | Learning Outcomes |   |   |
|--|-------------------|---|---|
|  | 1                 | 2 | 3 |
| 1 - Written Assessment - 25%                             | •                 |   | • |
| 2 - Direct observation of procedural skills (DOPs) - 50% | •                 | • |   |
| 3 - Presentation - 25%                                   |                   | • | • |

### Alignment of Graduate Attributes to Learning Outcomes

| Graduate Attributes                                | Learning Outcomes |   |   |
|--|-------------------|---|---|
|  | 1                 | 2 | 3 |
| 1 - Knowledge                                      | ◦                 |   | ◦ |
| 2 - Communication                                  |                   | ◦ | ◦ |
| 3 - Cognitive, technical and creative skills       | ◦                 | ◦ |   |
| 4 - Research                                       | ◦                 |   | ◦ |
| 5 - Self-management                                |                   |   | ◦ |
| 6 - Ethical and Professional Responsibility        |                   | ◦ |   |
| 7 - Leadership                                     |                   | ◦ |   |
| 8 - Aboriginal and Torres Strait Islander Cultures |                   |   |   |

## Textbooks and Resources

Information for Textbooks and Resources has not been released yet.

This information will be available on Monday 17 June 2024

## Academic Integrity Statement

Information for Academic Integrity Statement has not been released yet.

This unit profile has not yet been finalised.