



# PSYC20045 *Applied Positive Psychology Project B*

## Term 2 - 2024

Profile information current as at 29/07/2024 03:59 pm

All details in this unit profile for PSYC20045 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

## General Information

### Overview

Applied Positive Psychology Project B is the second of two integrated units. In these units, you will plan, design and undertake a research project - either a systematic review (Option 1) or research study (Option 2) - in a positive psychology/wellbeing and/or resilience-related field. Stage 2 of the process will occur in this unit and involves undertaking, under the supervision of a qualified Academic supervisor, the systematic review or research study that you developed in Stage 1 (PSYC20044: Applied Positive Psychology Project A) of the two integrated units. In this unit, you will either: • Conduct your systematic review (Option 1) or • Implement your research study (Option 2), which will involve either collecting and assessing new quantitative, qualitative or mixed-methods data, or utilising an existing dataset. At the completion of your project, you will submit your systematic review or research study in journal article format.

### Details

Career Level: *Postgraduate*

Unit Level: *Level 9*

Credit Points: *24*

Student Contribution Band: *10*

Fraction of Full-Time Student Load: *0.5*

### Pre-requisites or Co-requisites

PSYC20044 Applied Positive Psychology Project A

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

### Offerings For Term 2 - 2024

- Online

### Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 24-credit Postgraduate unit at CQUniversity requires an overall time commitment of an average of 50 hours of study per week, making a total of 600 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### 1. **Written Assessment**

Weighting: 100%

### Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure - Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure - International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback - Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

#### Feedback from Student feedback (evaluations and email).

**Feedback**

Students felt that they were supported by the Unit Coordinator and their research project supervisors.

**Recommendation**

Maintain the support provided to students by the Unit Coordinator and project supervisors.

#### Feedback from Student feedback (evaluations).

**Feedback**

Students would have liked more information and resources around key steps involved in the systematic review process.

**Recommendation**

Provide students with more information and resources for each step involved in the systematic review process.

#### Feedback from Student feedback (evaluations).

**Feedback**

Some students indicated that they would have liked to work ahead of the schedule provided on the Moodle site.

**Recommendation**

Provide, where practical, resources ahead of time so that students who wish to work ahead may do so.

## Unit Learning Outcomes

**On successful completion of this unit, you will be able to:**

1. Apply research knowledge and skills applicable to working as a positive psychology practitioner and researcher
2. Competently apply a qualitative, quantitative, mixed-method design or review approach to conducting and evaluating a research project
3. Apply high-level written communication and research skills to produce a systematic review or research study written report.



## Textbooks and Resources

### Textbooks

**There are no required textbooks.**

#### Additional Textbook Information

There are no prescribed textbooks for this unit. Readings will be supplied as part of the coursework.

### IT Resources

**You will need access to the following IT resources:**

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

## Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

## Teaching Contacts

**Adam Gerace** Unit Coordinator  
[a.gerace@cqu.edu.au](mailto:a.gerace@cqu.edu.au)

## Schedule

### Week 1 - 08 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
Continue drafting Introduction and Methods sections. Commence gathering data and data familiarisation (research study projects). Continue finalising searches (systematic/scoping review projects).	All resources, including notes, videos, and activities, are available on Moodle.	

### Week 2 - 15 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Continue drafting Introduction and Methods sections.  
Continue gathering data and data familiarisation (research study projects).  
Finalise and run searches (systematic/scoping review projects).

All resources, including notes, videos, and activities, are available on Moodle.

**Zoom Tutorial: Week 2 Monday (15 Jul 2024) 6:30-8:00 pm AEST  
Topic: Dissecting Introduction and Methods sections.**

Prior to the tutorial, students will be expected to have accessed and read the lecture material on Introduction and Method sections; and read three example Introduction and Method sections. All of these materials will be provided to students prior to the tutorial via Moodle.

**Meet with supervisor to discuss Introduction and Methods sections and to provide an update on data collection (research study projects) and searches (systematic/scoping review projects).**

**Week 3 - 22 Jul 2024**

Module/Topic	Chapter	Events and Submissions/Topic
Continue drafting Introduction and Methods sections. Continue gathering data and data familiarisation (research study projects). Screen search results (systematic/scoping review projects).	All resources, including notes, videos, and activities, are available on Moodle.	<b>Submit draft of Introduction and Method to supervisor.</b>

**Week 4 - 29 Jul 2024**

Module/Topic	Chapter	Events and Submissions/Topic
Begin data analysis/data extraction. Begin drafting Results section, including tables/figures.	All resources, including notes, videos, and activities, are available on Moodle.	<b>Zoom Tutorial: Week 4 Monday (29 Jul 2024) 6:30-8:00 pm AEST Topic: Writing Results sections.</b> Prior to the tutorial, students will be expected to have accessed and read the lecture material on Results sections; and read three example Results sections. All of these materials will be provided to students prior to the tutorial via Moodle. Students will also be required to complete a data extraction activity prior to the tutorial, and bring to the tutorial an outline of their proposed Results section (including planned tables) and any initial results they have drafted. <b>Meet with supervisor to discuss Introduction/Method feedback and data analysis and Results section.</b>

**Week 5 - 05 Aug 2024**

Module/Topic	Chapter	Events and Submissions/Topic
Continue data analysis/data extraction. Continue drafting Results section, including tables/figures.	All resources, including notes, videos, and activities, are available on Moodle.	

**Vacation Week - 12 Aug 2024**

Module/Topic	Chapter	Events and Submissions/Topic

Continue data analysis/data extraction.  
Continue drafting Results section, including tables/figures.

All resources, including notes, videos, and activities, are available on Moodle.

#### Week 6 - 19 Aug 2024

Module/Topic

Chapter

Events and Submissions/Topic

Continue drafting Results section, including tables/figures.

All resources, including notes, videos, and activities, are available on Moodle.

**Zoom Tutorial: Week 6 Monday (19 Aug 2024) 6:30-8:00 pm AEST**  
**Topic: Writing Discussion sections.**

Prior to the tutorial, students will be expected to have accessed and read the lecture material on Discussion sections; and read three example Discussion sections. All of these materials will be provided to students prior to the tutorial via Moodle.

**Submit draft of Results to supervisor.**

**Meet with supervisor to discuss Discussion section.**

#### Week 7 - 26 Aug 2024

Module/Topic

Chapter

Events and Submissions/Topic

Begin draft of Discussion section

All resources, including notes, videos, and activities, are available on Moodle.

#### Week 8 - 02 Sep 2024

Module/Topic

Chapter

Events and Submissions/Topic

Continue draft of Discussion section.

All resources, including notes, videos, and activities, are available on Moodle.

**Meet with supervisor to discuss Results feedback.**

#### Week 9 - 09 Sep 2024

Module/Topic

Chapter

Events and Submissions/Topic

Continue draft of Discussion section.

All resources, including notes, videos, and activities, are available on Moodle.

**Zoom Tutorial: Week 9 Monday (9 Sept 2024) 6:30-8:00 pm AEST**  
**Topic: Finalising write-up.**

This tutorial will cover final considerations for write-up of research report.

**Submit draft of Discussion section to supervisor.**

#### Week 10 - 16 Sep 2024

Module/Topic

Chapter

Events and Submissions/Topic

Finalise Introduction, Methods, Results, and Discussion sections.

All resources, including notes, videos, and activities, are available on Moodle.

**Meet with supervisor to discuss Discussion feedback and finalisation of research report.**

#### Week 11 - 23 Sep 2024

Module/Topic

Chapter

Events and Submissions/Topic

Finalise Introduction, Methods, Results, and Discussion sections. Finalise References list and ensure APA style applied. Write Abstract.

All resources, including notes, videos, and activities, are available on Moodle.

**Submit full draft of research report to supervisors.**

## Week 12 - 30 Sep 2024

Module/Topic	Chapter	Events and Submissions/Topic
Finalise thesis, including preparing title page, acknowledgements, list of tables/figures, and appendices.	All resources, including notes, videos, and activities, are available on Moodle.	<b>Meet with supervisor to discuss finalisation of research report.</b>
Review/Exam Week - 07 Oct 2024		
Module/Topic	Chapter	Events and Submissions/Topic
Submit thesis. Complete final ethics report.	All resources, including notes, videos, and activities, are available on Moodle.	<b>Master of Applied Positive Psychology Research Project Written Report</b> Due: Review/Exam Week Tuesday (8 Oct 2024) 5:00 pm AEST
Exam Week - 14 Oct 2024		
Module/Topic	Chapter	Events and Submissions/Topic
Complete final ethics report.	All resources, including notes, videos, and activities, are available on Moodle.	<b>Submit Final Ethics report to CQU Ethics Committee (if required). Due Friday (20 Oct 2024) at 5PM AEST.</b>

## Assessment Tasks

### 1 Master of Applied Positive Psychology Research Project Written Report

#### Assessment Type

Written Assessment

#### Task Description

For this unit, you are required to complete your research project written report, which may consist of either:

- Option 1: a systematic or scoping review
- Option 2: a research study

The research report must be between 7,000-9000 (+/- 10%) words. Further task details for both types of research report, including formatting and presentation guidelines, will be available on the unit Moodle site.

#### Assessment Due Date

Review/Exam Week Tuesday (8 Oct 2024) 5:00 pm AEST

#### Return Date to Students

Examination of the research project written report will take 2-4 weeks.

#### Weighting

100%

#### Assessment Criteria

You will be assessed on:

- identification of the research question and issues related to it
- review and analysis of relevant literature
- understanding of methods chosen to investigate the research question and clarity of reporting of methods and procedure
- data analyses, including reporting of data screening, statistical and/or critical analyses
- interpretation of results in light of research question, relevant research, and study design
- summary of all aspects of the research project in an abstract
- quality of written communication and presentation, including correct APA referencing and formatting.

Detailed information regarding assessment requirements and criteria for assessment, including the marking rubric, can be found in the Unit and Assessment Guide on Moodle.

#### Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)



**Submission**

Online

**Submission Instructions**

This assessment will be submitted online through Moodle. A submission portal will be provided in the Assessment section of the unit Moodle site.

**Learning Outcomes Assessed**

- Apply research knowledge and skills applicable to working as a positive psychology practitioner and researcher
- Competently apply a qualitative, quantitative, mixed-method design or review approach to conducting and evaluating a research project
- Apply high-level written communication and research skills to produce a systematic review or research study written report.

**Graduate Attributes**

- Knowledge
- Communication
- Cognitive, technical and creative skills
- Research
- Self-management
- Ethical and Professional Responsibility

## Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

### What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

### Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

### Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

### What can you do to act with integrity?



#### Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



#### Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



#### Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem