

In Progress

Please note that this Unit Profile is still in progress. The content below is subject to change.



PSYC20039 *Inter-disciplinary and Cross-cultural Approaches to Wellbeing*

Term 2 - 2027

Profile information current as at 15/09/2026 01:26 pm

All details in this unit profile for PSYC20039 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

The concept of wellbeing is central to Positive Psychology and it has been explored across many disciplines, cultures and spiritual traditions. In this unit, you will take a critical approach to cross-disciplinary, cross-cultural and spiritual theories and research on wellbeing. Through this exploration you will develop a holistic understanding of wellbeing concepts and practices. You will gain an understanding of how wellbeing is determined in different cultural and spiritual settings and across a range of academic disciplines and the implications for Positive Psychology.

Details

Career Level: *Postgraduate*

Unit Level: *Level 8*

Credit Points: *6*

Student Contribution Band: *10*

Fraction of Full-Time Student Load: *0.125*

Pre-requisites or Co-requisites

There are no requisites for this unit.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 2 - 2027

- Online

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.

Class and Assessment Overview

Information for Class and Assessment Overview has not been released yet.
This information will be available on Monday 17 May 2027

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Academic Progression Policy and Procedure
- Student Refund and Credit Balance Policy and Procedure
- Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from SUTE responses.

Feedback

Some students felt there was a large volume of weekly reading, and the content could use videos or other materials to help make it more digestible.

Recommendation

The teaching team will introduce short videos and alternative formats, such as interactive materials and concept maps, to complement key readings, making content more accessible and easier to digest.

Feedback from SUTE responses.

Feedback

Some students felt the unit's focus on specific cultures limited opportunities to explore a wider range of cultural perspectives and personal interests.

Recommendation

The Unit Coordinator will investigate strategies to broaden the scope of perspectives presented in the unit while maintaining its core themes and provide greater flexibility for students to connect content to their own contexts and career goals.

Feedback from SUTE responses.

Feedback

Some students raised concerns about the role of GenAI use in assessments and its impact on students' sense of ownership of their work.

Recommendation

The Unit Coordinator will investigate strategies for offering clearer guidance on the responsible use of GenAI in coursework and help students understand how to balance technology with independent learning and critical thinking.

Feedback from SUTE responses; discussion with Positive Psychology teaching team.

Feedback

Some students felt the assessments were large and complex.

Recommendation

The Unit Coordinator and teaching team will re-evaluate the appropriateness of the size and tasks required for assessments.

Unit Learning Outcomes

Information for Unit Learning Outcomes has not been released yet.
This information will be available on Monday 17 May 2027

Alignment of Learning Outcomes, Assessment and Graduate Attributes

Information for Alignment of Learning Outcomes, Assessment and Graduate Attributes has not been released yet.
This information will be available on Monday 17 May 2027

Textbooks and Resources

Information for Textbooks and Resources has not been released yet.
This information will be available on Monday 21 June 2027

Academic Integrity Statement

Information for Academic Integrity Statement has not been released yet.
This unit profile has not yet been finalised.