

In Progress

Please note that this Unit Profile is still in progress. The content below is subject to change.



PSIO11003 *Foundations of Physiotherapy* **Practice 2** Term 2 - 2024

Profile information current as at 19/05/2024 03:58 am

All details in this unit profile for PSIO11003 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

This unit introduces you to fundamental aspects of physiotherapy practice, including physical examination, therapeutic exercise and utilising research skills to inform evidence-based practice. You will begin to acquire knowledge and skills in the assessment and prescription of resistance and aerobic training programs and develop skills in the observation, measurement and analysis of muscle and joint function. Your understanding of professional physiotherapy practice will be extended through undertaking an observational clinical placement.

Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

To enrol in this unit, you must be enrolled in the CB85 Course and meet the following requisites: Prerequisites:

PSIO11004: Foundations of Physiotherapy Practice 1 BMSC11007: Medical Anatomy and Physiology 1 ALLH11001

Introduction to Allied Health Practice ALLH11009 Research Methods for Health Professionals Co-requisites: BMSC11008:

Medical Anatomy and Physiology 2 ALLH11006: Life Course Development for Health Professionals PSYC11010:

Fundamentals of Psychology

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 2 - 2024

- Bundaberg
- Cairns
- Rockhampton

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Online Quiz(zes)**

Weighting: 25%

2. **Group Work**

Weighting: 25%

3. **On-campus Activity**

Weighting: Pass/Fail

4. **Practical Assessment**

Weighting: 50%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Unit evaluation data, direct student feedback, self-reflection.

Feedback

Students report a summary at the end of lectures and teaching topics would be beneficial to their learning and understanding.

Recommendation

It is recommended that a summary slide be added to the end of each lecture to highlight key information related to learning objectives.

Feedback from Unit evaluation data, direct student feedback, self-reflection.

Feedback

Students report enjoyment and enhanced learning outcomes from the off-site visits (i.e., pool and gym sessions), observational clinical placement, and interprofessional class with the occupational therapy students.

Recommendation

It is recommended to continue the offsite, clinical and interprofessional sessions to provide enhanced and real-world learning opportunities.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Demonstrate an understanding of energy systems, muscle and cardiorespiratory physiology, components of physical function and principles of therapeutic exercise program design
2. Apply principles of evidence-based practice and client-centred care through research and application of the International classification of Functioning, Disability and Health Framework (ICF)
3. Demonstrate effective skills in patient communication and risk management
4. Demonstrate theoretical and applied knowledge in the assessment, prescription, monitoring, evaluation and documentation of resistance and aerobic training programs
5. Demonstrate theoretical and applied knowledge of physical examination, including observation, palpation, functional tasks, range of movement, muscle strength and muscle length
6. Demonstrate professional and ethical behaviours consistent with a physiotherapy practitioner.

Learning outcomes and assessment tasks have been mapped against and aligned with the Physiotherapy Practice Thresholds in Australia and Aotearoa New Zealand.

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes					
	1	2	3	4	5	6
1 - Online Quiz(zes) - 25%	•			•	•	
2 - Group Work - 25%	•	•	•	•		

Assessment Tasks	Learning Outcomes					
	1	2	3	4	5	6
3 - On-campus Activity - 0%						•
4 - Practical Assessment - 50%		•	•		•	•

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes					
	1	2	3	4	5	6
1 - Communication		•	•	•	•	
2 - Problem Solving		•	•	•	•	
3 - Critical Thinking		•	•	•	•	
4 - Information Literacy		•	•	•		
5 - Team Work			•	•		•
6 - Information Technology Competence		•				
7 - Cross Cultural Competence						•
8 - Ethical practice		•				•
9 - Social Innovation						
10 - Aboriginal and Torres Strait Islander Cultures						

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Online Quiz(zes) - 25%	•	•	•	•		•				
2 - Group Work - 25%	•	•	•	•	•	•				
3 - On-campus Activity - 0%	•	•	•	•	•	•	•	•		
4 - Practical Assessment - 50%	•	•	•		•		•	•		

Textbooks and Resources

Information for Textbooks and Resources has not been released yet.

This information will be available on Monday 17 June 2024

Academic Integrity Statement

Information for Academic Integrity Statement has not been released yet.

This unit profile has not yet been finalised.