



# NURS11166 Health and Assessment in Nursing

## Term 2 - 2024

Profile information current as at 29/07/2024 03:14 pm

All details in this unit profile for NURS11166 have been officially approved by CQUUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

## General Information

### Overview

Throughout this unit, you will acquire fundamental knowledge and skills to provide basic nursing care at a beginning level. In particular, you will be able to conduct a holistic assessment and assist a person with their activities of daily living in the simulated environment. You will be introduced to the significance of the Nursing and Midwifery Board of Australia (NMBA) Registered Nurse Standards for Practice (2016) and other policies, codes, and guidelines relevant to professional nursing practice. You will explore the importance of the National Safety and Quality Health Service (NSQHS) Standards (2017) to all nursing practice in Australia and commence using the Patient Safety Competency Framework (PSCF) (Levett-Jones et al., 2017) in your practice as a nursing student. You will become familiar with scope of practice using the decision-making framework (DMF) (NMBA, 2020). You are required to participate in compulsory on-campus workshops or a residential school for this unit.

### Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 7

Fraction of Full-Time Student Load: 0.125

### Pre-requisites or Co-requisites

Pre-requisite: Must be enrolled in CL91 Bachelor of Nursing or CG41 Start Uni Now

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

### Offerings For Term 2 - 2024

- Brisbane
- Mixed Mode
- Rockhampton

### Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

### Residential Schools

This unit has a Compulsory Residential School for distance mode students and the details are:

Click here to see your [Residential School Timetable](#).

### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### 1. **In-class Test(s)**

Weighting: Pass/Fail

#### 2. **Practical Assessment**

Weighting: Pass/Fail

#### 3. **Online Quiz(zes)**

Weighting: Pass/Fail

### Assessment Grading

This is a pass/fail (non-graded) unit. To pass the unit, you must pass all of the individual assessment tasks shown in the table above.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

#### Feedback from SUTE

##### **Feedback**

The residential schools were great and the staff were awesome.

##### **Recommendation**

Continue to review and manage residential schools to ensure a great student experience.

## Feedback from SUTE

### **Feedback**

Unit coordinators have amazing knowledge and expert clinical skills which make them invaluable to learn from.

### **Recommendation**

Unit coordinators will remain abreast of the most recent contemporary clinical skills applicable to the industry.

## Feedback from SUTE

### **Feedback**

This unit is well paced and full of contemporary and industry specific modules.

### **Recommendation**

After each iteration, the unit will be reviewed to maintain contemporary and industry-specific modules.

## Feedback from SUTE

### **Feedback**

More time needs to be taken in the writing/proofreading of subject materials that are uploaded to moodle. There were significant spelling and grammatical errors throughout the unit, as well as in the assessment quizzes.

### **Recommendation**

Unit coordinators and the Dean of Learning and Teaching (DDLTL) will continue to proofread content, materials and assessment quizzes.

## Feedback from SUTE

### **Feedback**

The maths component of the unit should be completed at home before attending residential school. Issues with clarity.

### **Recommendation**

The maths exam is invigilated and therefore requires lecturers to oversee it as it is in progress. The exam questions are reviewed by the Head of Course (HoC), Head of College (HoC) and the Dean of Learning and Teaching (DDLTL). This process will continue every term.

## Feedback from Student Teams message

### **Feedback**

Thanks for all your feedback and encouragement for this term. Had a really great time studying this unit. We wouldn't have done it without your support & encouragement. A massive credit to you three who made it easy for us. I look forward to studying with you again. Much appreciated for everything you did for us.

### **Recommendation**

Unit coordinators will continue to support and encourage students to ensure an enjoyable learning experience.

## Feedback from SUTE

### **Feedback**

Their online tutorials are well planned and thought out making them enjoying creating a comfortable and relaxed learning environment.

### **Recommendation**

The online tutorials will continue.

## Unit Learning Outcomes

### On successful completion of this unit, you will be able to:

1. Demonstrate and explain safe practice while assisting a person with their activities of daily living, using simulated modalities.
2. Perform a holistic assessment of a person including the completion of appropriate documentation, using simulated modalities.
3. Demonstrate the principles of the nursing process and the Nursing and Midwifery Board of Australia (NMBA) decision-making framework (DMF) (2020), using simulated modalities.
4. Apply the NMBA registered nurse standards for practice (2016) in the provision of evidence based nursing care, using simulated modalities.
5. Recognise unsafe environments and implement strategies to ensure safety.

### **Content in this unit incorporates a number of professional nursing requirements Nursing and Midwifery Board of Australia decision-making framework (DMF) - nursing Nursing and Midwifery Board of Australia Registered Nurse Standards for Practice**

Thinks critically and analyses nursing practice

Engages in therapeutic and professional relationships

Maintains the capability for practice

Comprehensively conducts assessments

Develops a plan for nursing practice

Provides safe, appropriate and responsive quality nursing practice

Evaluates outcomes to inform nursing practice

### **Nursing and Midwifery Board of Australia Nursing Code of Conduct**

Legal compliance

Person-centred practice

Cultural practice and respectful relationships

Professional behaviour

Research in health

Health and wellbeing

### **International Council of Nursing Code of Ethics for Nursing**

Nurses and People

Nurses and Practice

Nurses and the Profession

Nurses and co-workers

### **National Safety and Quality Health Service Standards**

Partnering with consumers

Preventing and Controlling healthcare-associated infection

Medication safety

Comprehensive care

Communicating for safety

Recognising and responding to acute deterioration

### **Patient Safety Competency Framework**

Person-centred care

Therapeutic communication

Cultural competence

Teamwork and collaborative practice

Clinical reasoning

Evidence-based practice

Preventing, minimising and responding to adverse events

Infection prevention and control

Medication safety

### **Aged Care Quality Standards**

Consumer dignity and choice

Ongoing assessment and planning with consumers

Personal care and clinical care

Services and supports for daily living

Organisation's service environment

## Alignment of Learning Outcomes, Assessment and Graduate Attributes



### Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
1 - In-class Test(s) - 0%	•				•
2 - Practical Assessment - 0%	•	•	•	•	•
3 - Online Quiz(zes) - 0%			•	•	

### Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication	•	•	•	•	•
2 - Problem Solving	•	•			
3 - Critical Thinking	•		•	•	•
4 - Information Literacy	•				
5 - Team Work	•			•	
6 - Information Technology Competence	•				
7 - Cross Cultural Competence	•	•			
8 - Ethical practice					
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

## Textbooks and Resources

### Textbooks

**There are no required textbooks.**

### IT Resources

**You will need access to the following IT resources:**

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- Zoom
- MS Teams

## Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

## Teaching Contacts

**Trish Channell** Unit Coordinator  
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**Neelam Adhikari Neupane** Unit Coordinator  
[n.adhikarineupane@cqu.edu.au](mailto:n.adhikarineupane@cqu.edu.au)

## Schedule

### Week 1 INTRODUCTION TO PROFESSIONAL NURSING REQUIREMENTS - 08 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
<b>Module/Topic</b> NMBA Standards NSQHS standards NMBA Nursing Code of Conduct Decision-Making Framework National Health Priorities		Tutorial Zoom Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session. This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

### Week 2 INTRODUCTION TO CLINICAL REASONING AND THE NURSING PROCESS - 15 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
<b>Module/Topic</b> <ul style="list-style-type: none"><li>• Nursing process</li><li>• Nursing care plans-ADPIE</li><li>• Clinical reasoning cycle</li></ul>		Tutorial Zoom Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session. This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

### Week 3 INTRODUCTION TO INFECTION CONTROL - 22 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
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**Module/Topic**

- Hand hygiene
  - Chain of infection
  - Health care-acquired infections
- Personal Protective Equipment (PPE)

## Tutorial Zoom

Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session.

This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

**Week 4 INTRODUCTION TO VITAL SIGNS - 29 Jul 2024****Module/Topic****Chapter****Events and Submissions/Topic****Module/Topic**

- Blood Pressure (BP) (manual) palpatory and auscultatory
- Temperature
- Pulse
- Respirations
- O2 saturation
- Queensland Adult Deterioration System (QADDS)
- Recognising deterioration · QADDS scoring
- Medical Emergency Team (MET) (or similar teams)
- Graded assertiveness (PACE)

## Tutorial Zoom

Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session.

This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

**Week 5 INTRODUCTION TO PHYSICAL ASSESSMENT - 05 Aug 2024****Module/Topic****Chapter****Events and Submissions/Topic****Module/Topic**

- Methods of assessment (focused vs comprehensive)
- Inspection, palpation, percussion and auscultation
- Introduction to assessment of body systems

**Quiz 1 opens 5th August at 0900hrs & closes on 9th August at 1700hours.**

## Tutorial Zoom

Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session.

This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

**Vacation Week - 12 Aug 2024****Module/Topic****Chapter****Events and Submissions/Topic**

Enjoy the break

**Week 6 INTRODUCTION TO THE INTEGUMENTARY SYSTEM - 19 Aug 2024****Module/Topic****Chapter****Events and Submissions/Topic****Module/Topic**

- Skin integrity
- Gait
- Mouth, teeth and gums
- Hair

## Tutorial Zoom

Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session.

This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

**Week 7 INTRODUCTION TO RISK ASSESSMENTS - 26 Aug 2024****Module/Topic****Chapter****Events and Submissions/Topic**

**Module/Topic**

- Falls assessment and management
- Mobility assessment
- Pressure area assessment and management
- Venous thromboembolism and embolic stockings

**Tutorial Zoom**

Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session.

This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

**Week 8 INTRODUCTION TO MANUAL HANDLING AND PATIENT MOBILITY - 02 Sep 2024****Module/Topic****Chapter****Events and Submissions/Topic****Module/Topic**

- OH&S legislation
- Safe patient handling
- Risk assessment and level of assistance required
- Slide sheets
- Walk belts

**Tutorial Zoom**

Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session.

This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

**Week 9 INTRODUCTION TO ACTIVITIES OF DAILY LIVING - 09 Sep 2024****Module/Topic****Chapter****Events and Submissions/Topic****Module/Topic**

- Patient hygiene
- Facilitating healthy eating
- Facilitating elimination
- Urinary and bowel function
- Bristol stool chart
- Incontinence

**Tutorial Zoom**

Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session.

This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

**Week 10 INTRODUCTION TO HOLISTIC VS DUALISTIC CARE - 16 Sep 2024****Module/Topic****Chapter****Events and Submissions/Topic****Module/Topic**

- Patient Advocacy
- Comorbid conditions
- Bioethical principles
- Consent
- Cultural considerations

**Tutorial Zoom**

Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session.

This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

**Week 11 INTRODUCTION TO PROFESSIONAL COMMUNICATION - 23 Sep 2024****Module/Topic****Chapter****Events and Submissions/Topic****Module/Topic**

- Handover and documentation
- Admission paperwork
- Terminology
- ISBAR
- Confidentiality

**Tutorial Zoom**

Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session.

This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

**Week 12 PRINCIPLES OF SPECIMEN COLLECTION - 30 Sep 2024****Module/Topic****Chapter****Events and Submissions/Topic**



**Quiz 2 opens on the 30th of September at 0900 hrs & closes on 4th of October August at 1700 hrs.**

Tutorial Zoom

Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session.

This session is a discussion and Q&A related to the content required to address the learning outcomes of this unit.

**Module/Topic**

- Mid stream urine vs ward test urine
- Wound swab
- Faecal specimen

**Review/Exam Week - 07 Oct 2024**

Module/Topic	Chapter	Events and Submissions/Topic
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**Exam Week - 14 Oct 2024**

Module/Topic	Chapter	Events and Submissions/Topic
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## Assessment Tasks

### 1 IN CLASS MATHS QUIZ

**Assessment Type**

In-class Test(s)

**Task Description**

**TASK DESCRIPTION**

This invigilated quiz will be completed during your planned onsite classes. The quiz will assess your knowledge and understanding of mathematics, including addition, subtraction, division, multiplication, rounding and conversions. The quiz consists of 20 questions. You have a maximum of one hour to complete the quiz. You must complete the quiz in one sitting, under the direct supervision of a lecturer. Once you have started the quiz, you cannot log out. Please do not refresh or reload your screen; this may close the quiz and record your result.

The quiz will automatically close at the end of one hour and will submit your result.

You have a maximum of three attempts to complete the quiz. Each attempt will be held on a different day of residential school. If you require an additional attempt, you must undertake remediation by completing a learning package and practice quiz prior to subsequent attempts. These learning packages are available on the Maths Central platform on Nursing Central. It is your responsibility to complete this between each attempt.

**Assessment Due Date**

To be undertaken during on-campus planned classes

**Return Date to Students**

Results for the quiz will be available immediately after the attempt is complete.

**Weighting**

Pass/Fail

**Minimum mark or grade**

100%

**Assessment Criteria**

The quiz consists of 20 questions. You have a maximum of one hour to complete the quiz. The quiz will be completed using Moodle in an invigilated setting. You must achieve 100% to pass the quiz.

**Referencing Style**

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

**Submission**

Online

**Submission Instructions**

Online, invigilated quiz completed on campus as per instructions above.

**Learning Outcomes Assessed**

- Demonstrate and explain safe practice while assisting a person with their activities of daily living, using simulated modalities.
- Recognise unsafe environments and implement strategies to ensure safety.

## 2 Practical Clinical Skills Assessment

**Assessment Type**

Practical Assessment

**Task Description**

The practical clinical skills assessment evaluates your nursing practice against the registered nurse standards for practice.

To undertake this assessment, you will participate in a simulation-based activity, demonstrating safe practice through the assessment, planning, implementation, and evaluation of patient care.

You will be provided an opportunity for three attempts to pass this assessment and must engage in feedback and reflection before each attempt.

All attempts are conducted face-to-face during residential school.

**Assessment Due Date**

Assessment will be undertaken during on campus classes.

**Return Date to Students**

Results will be available on the day of completion

**Weighting**

Pass/Fail

**Minimum mark or grade**

Pass

**Assessment Criteria**

This practical clinical skills assessment will be based on the skills and theory you have covered during your unit.

To attain a pass, you must satisfactorily complete all areas of the clinical skills assessment tool found on the NURS11166 Moodle site.

You must pass this assessment to pass the unit.

**Referencing Style**

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

**Submission**

Offline Online

**Submission Instructions**

Completed on-campus. The teaching team will provide you with the original copy of your marking criteria. You are required to upload this to the Assessment two submission area on the NURS11166 Moodle site within 72 hours of completing the assessment.

**Learning Outcomes Assessed**

- Demonstrate and explain safe practice while assisting a person with their activities of daily living, using simulated modalities.
- Perform a holistic assessment of a person including the completion of appropriate documentation, using simulated modalities.
- Demonstrate the principles of the nursing process and the Nursing and Midwifery Board of Australia (NMBA) decision-making framework (DMF) (2020), using simulated modalities.
- Apply the NMBA registered nurse standards for practice (2016) in the provision of evidence based nursing care, using simulated modalities.
- Recognise unsafe environments and implement strategies to ensure safety.

## 3 Online Quizzes

**Assessment Type**

Online Quiz(zes)

## Task Description

Note: There are two quizzes associated with this assessment item.

The quizzes will assess your knowledge and understanding of the learning outcomes.

The Online Quizzes will be available on Moodle during weeks 5 and 12 of the term.

· Quiz one (1)-will cover content from weeks 1-5

· Quiz two (2)-will cover content from weeks 1-12

Each quiz will **consist of 30 questions and you will have 60 minutes to complete each.**

You are permitted to have **two (2) attempts at each quiz.** The highest mark attained for each quiz will be utilised as your result for that quiz. Please note, that as quiz questions are randomised from a large bank, the questions for each attempt will differ. To pass each quiz, **you must achieve a score of 60% or higher.**

Please note the following:

- All questions are randomised and are extracted from the Moodle content, readings, and recorded videos (available on Moodle).
- You must complete each quiz in one sitting and within the set time limit.
- The quiz will automatically close at the end of the time limit and submit your result even if you have not finished.
- You may have two (2) attempts at each quiz.
- Once you have started the quiz, you cannot log out. Please do not refresh or reload your screen, as this may close the quiz and record your result.
- If you have any technical issues, DO NOT close the screen; instead, let the unit coordinators know immediately. Ensure you take a screenshot or photo of the issue and email this to the unit coordinators with an explanation of the issue. The unit coordinators will assist you with resolving the issue or refer you to TaSAC for further assistance (toll-free phone number 1300 666 620).

## Number of Quizzes

2

## Frequency of Quizzes

Other

## Assessment Due Date

Results for the quiz will be available immediately after the attempt is complete.

## Return Date to Students

Your result will be visible in Moodle post quiz completion

## Weighting

Pass/Fail

## Minimum mark or grade

60% or higher per quiz.

## Assessment Criteria

Each quiz will consist of 30 questions and you have 60 minutes to complete each quiz.

You may have two (2) attempts at each quiz.

To pass each quiz, you must achieve a score of 60% or higher.

## Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

## Submission

Online

## Submission Instructions

You will complete this assessment online. Click submit at the end of the quiz, and your answers will be automatically submitted. Results for the quiz will be available immediately after the attempt is complete.

## Learning Outcomes Assessed

- Demonstrate the principles of the nursing process and the Nursing and Midwifery Board of Australia (NMBA) decision-making framework (DMF) (2020), using simulated modalities.
- Apply the NMBA registered nurse standards for practice (2016) in the provision of evidence based nursing care, using simulated modalities.

## Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

### What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

### Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

### Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

### What can you do to act with integrity?



#### Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



#### Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



#### Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem