



ESSC13009 Professional Practice in Exercise and Sports Science

Term 2 - 2024

Profile information current as at 29/07/2024 03:31 pm

All details in this unit profile for ESSC13009 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

In this unit, you will enhance your professional development in exercise and sport science by becoming a reflective practitioner. Additionally, you will gain authentic practical exercise delivery via work integrated learning, as well as practically focused assessments, which will allow you to gain the skills that are required of a graduating exercise and sport science professional. This will involve working with a variety of populations under the supervision of appropriate health or exercise and sport science practitioners, during which time you will further develop your skills in the development and delivery of exercise and sports science related activities.

Details

Career Level: *Undergraduate*

Unit Level: *Level 3*

Credit Points: 6

Student Contribution Band: 10

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Pre-requisite ESSC13008 or ESSC13003

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 2 - 2024

- Cairns
- Mackay City
- Mixed Mode
- Rockhampton

Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Residential Schools

This unit has a Compulsory Residential School for distance mode students and the details are:

Click here to see your [Residential School Timetable](#).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Practical Assessment**

Weighting: Pass/Fail

2. **Reflective Practice Assignment**

Weighting: Pass/Fail

3. **Professional Practice Placement**

Weighting: Pass/Fail

4. **Learning logs / diaries / Journal / log books**

Weighting: Pass/Fail

Assessment Grading

This is a pass/fail (non-graded) unit. To pass the unit, you must pass all of the individual assessment tasks shown in the table above.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Student Feedback

Feedback

Students commented that practicum processes and not being able to start on the first day of term can be frustrating for them if they are organised prior to start of term.

Recommendation

It is recommended that practicum processes are continually reviewed and streamlined to enhance student experience. Considerations will need to be made for site availability and suitability.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Prepare professional documentation related to employment in the exercise and sport science industry
2. Reflect on performance and experiences in the exercise and sport science industry
3. Conduct the duties of an exercise and sport science practitioner in a professional setting.

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes		
	1	2	3
1 - Practical Assessment - 0%			•
2 - Reflective Practice Assignment - 0%		•	
3 - Professional Practice Placement - 0%	•	•	•
4 - Learning logs / diaries / Journal / log books - 0%	•		

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes		
	1	2	3
1 - Communication	•	•	•
2 - Problem Solving		•	•
3 - Critical Thinking	•	•	•

Graduate Attributes	Learning Outcomes		
	1	2	3
4 - Information Literacy	•	•	
5 - Team Work			•
6 - Information Technology Competence	•	•	
7 - Cross Cultural Competence			•
8 - Ethical practice	•		•
9 - Social Innovation			
10 - Aboriginal and Torres Strait Islander Cultures			

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Practical Assessment - 0%	•	•	•	•		•	•	•		
2 - Reflective Practice Assignment - 0%	•	•	•	•						
3 - Professional Practice Placement - 0%	•	•	•		•		•	•		
4 - Learning logs / diaries / Journal / log books - 0%	•					•		•		

Textbooks and Resources

Textbooks

There are no required textbooks.

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- Computer - ability to access study materials, including instructional videos and scan and upload assessment.
- Zoom account (Free)
- Smart phone or tablet with recording capabilities (required for residential school to access coaching apps for exercise analysis)
- Adobe Acrobat Reader (or similar) software for viewing PDF documents
- Office software (e.g. Microsoft Office, Open Office etc)

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Joshua Guy Unit Coordinator

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Sam Fien Unit Coordinator

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Schedule

Week 1 - 08 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lecture 1. Unit introduction, placement update and assessment overview		
Lecture 2. Client assessments for health and exercise and sport psychology	Online readings are available on unit Moodle website	
Lecture 3. Client assessments for motor control and learning		

Week 2 - 15 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lecture 4. Client assessments for exercise physiology and sport		
Lecture 5. Client assessments for biomechanics	Online readings are available on unit Moodle website	
Lecture 6. Client assessments for functional movement		

Week 3 - 22 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lecture 7. Practical assessment preparation, case studies, and SOAP notes	Online readings are available on unit Moodle website	Practical Assessment Part A due date: The Goal Setting (Telehealth) video file must be submitted via the unit Moodle page by Week 3 Friday (26 July 2024) 5:00pm AEST.

Week 4 - 29 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lecture 8. Introduction to reflective practice	Online readings are available on unit Moodle website	Practical Assessment Part B CNS Residential School due date: (1-2 Aug 2024).

Week 5 - 05 Aug 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lecture 9. Perspectives and approaches within reflective practice	Online readings are available on unit Moodle website	Practical Assessment Part B MKY Residential School due date: (6-7 Aug 2024). Practical Assessment Part B ROK Residential School due date: (8-9 Aug 2024).

Vacation Week - 12 Aug 2024

Module/Topic	Chapter	Events and Submissions/Topic
No lecture		

Week 6 - 19 Aug 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lecture 10. Reflective practice in action	Online readings are available on unit Moodle website	

Week 7 - 26 Aug 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lecture 11. Professional practice in exercise and sport science	Online readings are available on unit Moodle website	Practical Assessment Part C due date: SOAP notes must be submitted via the unit Moodle page by Week 7 Friday (30 Aug 2024) 5:00pm AEST.

Week 8 - 02 Sep 2024

Module/Topic	Chapter	Events and Submissions/Topic
No lecture		

Week 9 - 09 Sep 2024

Module/Topic	Chapter	Events and Submissions/Topic
No lecture		

Week 10 - 16 Sep 2024

Module/Topic	Chapter	Events and Submissions/Topic
No lecture		

Week 11 - 23 Sep 2024

Module/Topic	Chapter	Events and Submissions/Topic
No lecture		Critical Incident Reflection Due: Week 11 Friday (27 Sept 2024) 5:00 pm AEST

Week 12 - 30 Sep 2024

Module/Topic	Chapter	Events and Submissions/Topic
No lecture		Professional Practice Placement Evaluation due date: must be completed by Week 12 Friday (4 October 2024) 5:00 pm AEST.

Review/Exam Week - 07 Oct 2024

Module/Topic	Chapter	Events and Submissions/Topic
		Record of Student Engagement due date: Final date for submission is Review/Exam Week Tuesday (8 October 2024) at 8:00 am AEST.

Exam Week - 14 Oct 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Term Specific Information

Work Integrated Learning (WIL)

In this unit, you will undertake a mandatory Professional Practice Placement comprising a minimum 50 hours of Professional Practice Placement under the supervision of an ESSA-approved site. Once enrolled in this unit, you can access Sonia (WIL student portal) to arrange and/or view details of your Professional Practice Placement site. You must complete your mandatory checks and student nomination form on Sonia. You are not able to begin your Professional Practice Placement until the beginning of Term 2 and all mandatory checks have been completed via Sonia and you have received your confirmation email from WIL. You should contact the WIL team as soon as possible to arrange your Professional Practice Placement if you have not already received your Professional Practice Placement nomination form. Please note you may be required to travel and make necessary work arrangements to complete the minimum 50 hours of Professional Practice Placement in this unit. Further WIL information is available on the ESSC13009 Moodle site.

Residential school

This unit includes compulsory on-campus activities (residential school). You must attend the residential school specific to your mode of enrolment as outlined below. If you prefer to attend an alternate session to that specified for your enrolment mode, please contact the Unit Coordinator to discuss attendance at an alternative residential school. Please see the CQUniversity Handbook and the ESSC13009 Moodle site for up-to-date information. Please ensure you complete your class registration via [MyCQU](#).

Cairns residential school (CNS and MIX)

- The residential school for this unit will be held between Thursday 1st August (8:30am start) - Friday 2nd August (4:00pm finish) (Week 4). All students should meet in the classroom above the CQU Exercise and Sport Science labs located at Cairns Basketball (Building 3, Mezzanine, 289 Aumuller street, Manunda).

Mackay residential school (MKY and MIX)

- The residential school for this unit will be held between Tuesday 6th August (8:30am start) - Wednesday 7th August (4:00pm finish) (Week 5). All students should meet in the Biomechanics laboratory in Building 4 room G.14 (Mackay City Campus, Sydney street, Mackay City).

Rockhampton residential school (ROK and MIX)

- The residential school for this unit will be held between Thursday 8th August (8:30am start) - Friday 9th August (4:00pm finish) (Week 5). All students should meet in the upstairs classroom in Building 81 room 1.17 (Rockhampton North Campus, Yaamba road, Norman Gardens).

While every effort is made to ensure the residential schools run on time and finish by 4:00pm, these finish times may be delayed due to the nature of the assessments taking place and potential re-sits. **Students should keep this in mind when scheduling flights and accommodation.**

Assessment Tasks

1 Exercise and Sport Science Practical Assessments

Assessment Type

Practical Assessment

Task Description

In this practical assessment task, you will further develop your skills in accordance with Exercise and Sports Science Australia's standards. These standards include but are not limited to; Goal setting (Exercise and Sport Psychology), Pre-screening and Movement Assessments, Motor Control and Learning Assessments, Exercise Physiology and Exercise and Sport Assessments, and Biomechanics Assessments. This assessment task is divided into three parts, Part A, Part B, and Part C, with each part outlined in further detail below. Due dates for each part of this assessment item are also detailed below. All of these tasks are performed and assessed individually. You will be provided with information regarding the assessments, such as pre-screening tools, tests, assessments, and SOAP notes via the unit Moodle website and lectures and you should be familiar with this content prior to attending the compulsory residential school.

Part A - Goal Setting (Telehealth):

You will complete the Goal Setting (Telehealth) assessment as outlined below (Component 1). You will be required to complete this via Zoom and record yourself and a (simulated) client and upload the video file to the unit Moodle page prior by the due date. Recording and submission instructions are provided on the unit Moodle page.

Part A due date: The Goal Setting (Telehealth) video file must be submitted via the unit Moodle page by Week 3 Friday

(26 July 2024) 5:00pm AEST. The recorded presentation (preference is .mp4 format). You must ensure that this video is playable and has audio. Late penalties will be applied until a playable recorded presentation is received. Should you not submit a playable recorded presentation, a mark of zero (0) will be awarded.

Part B - Practical Assessments:

During the residential school you will be provided with designated practice times for each of the assessments (Components 2-5, detailed below). You will also be provided with multiple case studies that will form the basis of your remaining practical assessments. You will then be required to select the most appropriate tests/assessments in relation to your case studies, as aligned to these components. During the practical assessments you will conduct your chosen screening and/or tests/assessments, interpret data from the results, and answer questions regarding your test selection and performance.

Part B due date: Students will be assessed on their practical competency during their designated residential school by a member of staff. See Term Specific Information for residential school dates.

Part C - SOAP Notes:

Following the completion of your practical assessments, you are required to create and submit handover notes associated with the outcomes of the practical assessments that you performed, following the SOAP notes format. You will complete a total of five separate SOAP notes, one for each of the practical assessments listed below (Components 1-5).

Part C due date: SOAP notes must be submitted via the unit Moodle page by Week 7 Friday (30 Aug 2024) 5:00pm AEST.

The assessments are aligned to ESSA Standards and as a result you will be assessed on the following five (5) components:

1. Goal Setting (Telehealth)
2. Pre-screening and Movement Assessments
3. Motor Control and Learning Assessments
4. Exercise Physiology and Exercise and Sport Assessments
5. Biomechanics Assessments

Further information relating to this assessment task, including a residential school schedule, is available on the unit Moodle website.

AI Statement: The use of generative AI is not allowed for this assessment item. This assessment item is to be completed individually.

In the absence of an approved extension, any submissions received after the due date will incur penalties in accordance with the CQUniversity Assessment Policy and Procedure (Higher Education Coursework).

Assessment Due Date

Part A due date: Week 3 Friday (26 July 2024) 5:00pm AEST. Part B due date: Students will be assessed by attending and taking part in the residential school. Part C due date: Week 7 Friday (30 Aug 2024) 5:00pm AEST

Return Date to Students

Feedback and marks for this assessment item will be made available via the Unit Moodle site by the end of Week 9.

Weighting

Pass/Fail

Minimum mark or grade

Minimum "Pass" mark is 70%

Assessment Criteria

This is a Pass/Fail assessment item, in order to pass this assessment item you must achieve 70% or greater for Parts A, B, and C as listed below. Furthermore, for each assessed practical activity (Part B) you must achieve 70% or higher, including a "pass" for all mandatory risk/safety management components within the rubric. Specific requirements and detailed marking rubrics are available on the unit Moodle page.

Part A Goal Setting (Telehealth) assessment will be marked according to the criteria below (10 marks):

- Greeting of the client
- Use of affirmations and reflective statements
- Ability to effectively set goals with the client
- Communication and demeanor

- Professional presentation
- Providing a verbal summary with the client

In the event you that you fail Part A there will be one opportunity to re-attempt this component by completing an additional Goal Setting (Telehealth) video. In the event that you fail the re-attempt you will fail this assessment item and may not be able to pass this unit.

Part B Practical Assessments will be marked according to the criteria below (10 marks each):

- Selection of appropriate practical assessment(s) or screening tool for the person described in the case study
- Justification and reasoning for the practical assessment(s)
- Correct setup of practical assessment(s)
- Communication and professionalism
- Correct performance of the practical assessment(s)
- Considerations for safety and risk
- Ability to reflect on practical assessment(s), performance, and outcomes

In the event you that you fail any of the Part B practical assessments or do not "pass" any of the mandatory risk/safety management components you will automatically fail that practical component. There will be one opportunity to re-attempt the failed component during the residential school. In the event that you fail the re-attempt you will fail this assessment item and may not be able to pass this unit.

Part C SOAP Notes are a written task and will be marked according to the criteria below (10 marks each):

- Clear and detailed subjective information
- Clear and detailed objective information
- Clear and detailed assessment information
- Clear and detailed plan
- Spelling, grammar, and use of clinical abbreviations where appropriate

In the event you that you fail this component there will be one opportunity to re-attempt this component by re-submitting the required SOAP note(s). In the event that you fail the re-attempt you will fail this assessment item and may not be able to pass this unit.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Offline Online

Submission Instructions

Part A: Goal Setting (Telehealth) should be recorded via Zoom and submitted as a video file via the unit Moodle page and be < 100mb in size. Part B: Practical Assessment will be overseen by Exercise and Sports Science staff with knowledge and expertise in the field in which they are assessing. Part C: SOAP notes are to be submitted as a typed Word document (.doc or .docx) via the unit Moodle website.

Learning Outcomes Assessed

- Conduct the duties of an exercise and sport science practitioner in a professional setting.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

2 Critical Incident Reflection

Assessment Type

Reflective Practice Assignment

Task Description

In this assessment task you are required to write about a "critical incident" (positive or negative) that occurred during your placement. A 'critical incident' does not need to be a dramatic event; rather, an event that is of significance to you.

This could include the following situations:

- When you felt you had done something well...
- When you made the wrong decision...
- When something went better than expected...
- When you lacked confidence...

In order to protect the confidentiality of clients, students or staff at your placement, you should not disclose any personal information that can identify individuals in your reflections, for example name(s) of the client, students, staff, or the organisation. Most importantly, you need to be genuine and honest in your reflections. This assessment item will require you to reflect on the incident in a way that contributes to your personal and professional growth and development. This assessment task should be submitted in the provided Word document template, which is available on the unit Moodle website.

AI Statement: The use of generative AI is not allowed for this assessment item. This assessment item is to be completed individually.

In the absence of an approved extension, any submissions received after the due date will incur penalties in accordance with the CQUniversity Assessment Policy and Procedure (Higher Education Coursework).

Assessment Due Date

Week 11 Friday (27 Sept 2024) 5:00 pm AEST

Return Date to Students

Feedback and marks for this assessment item will be made available on the unit Moodle site following certification of grades.

Weighting

Pass/Fail

Minimum mark or grade

Pass

Assessment Criteria

Your Critical Incident Reflection will consist of answering six (6) questions that relate to the critical incident that you have identified, and will be marked out of 60:

- What happened, where, and when? Give a brief history of the incident (5 marks)
- What is it that made the incident 'critical'? (5 marks)
- What were your immediate thoughts and responses? (5 marks)
- What are your thoughts now? What has changed/developed your thinking? (15 marks)
- What have you learned about (your) practice from this? (15 marks)
- How might your practice change and develop as a result of this analysis and learning? (10 marks)
- Format, spelling, grammar, and APA referencing (5 marks)

This is a Pass/Fail assessment item, in order to pass this assessment item you must achieve 50% or greater from the total marks available. A detailed marking rubric is available on the unit Moodle website.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

This assessment item is to be uploaded as a typed Word document (.doc or .docx) via Moodle.

Learning Outcomes Assessed

- Reflect on performance and experiences in the exercise and sport science industry

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy

3 Professional Practice Evaluation

Assessment Type

Professional Practice Placement

Task Description

In this assessment task, you will undertake a minimum 50 hours of placement under the supervision of an ESSA approved placement site and be assessed on your competency as a student Exercise Scientist. Your competency in this assessment will be graded as Pass or Fail.

You are required to submit two (2) Professional Placement Evaluations.

Professional Practice Evaluation 1 is due at the completion of 25 hours (mid-point).

Professional Practice Evaluation 2 is due at the completion of 50 hours (end-point).

Irrespective of when you commence your placement, both Evaluations must be submitted by Week 12 Friday (4 October 2024) 5:00 pm AEST. In the event your documentation contains insufficient detail or is incomplete and requires resubmission, the resubmission must be no later than Review/Exam Week Friday (11 October 2024) 5:00 pm AEST. The Professional Practice Evaluation assessment item comprises an assessment tool that your placement supervisor will complete regarding your goals, performance, and capabilities while on placement. It is expected that you and your placement supervisor complete the Professional Practice Evaluations together. This should be viewed as an open process designed to enhance your placement experience and exercise assessment, prescription, and delivery skills. You must complete the templates available on the ESSC13009 Moodle site for Professional Placement Evaluation 1, which documents the first 25 hours of your placement, and for Professional Placement Evaluation 2, which documents the second 25 hours of your placement. During your placement, you will be evaluated by your placement supervisor at the end of 25 hours and the end of 50 hours of placement. Together, Professional Placement Evaluation 1 and Professional Placement Evaluation 2 must show evidence of your competency in completing your 50 hour placement. In the absence of an approved extension, evaluations that do not contain sufficient detail, or are not completed by the placement supervisor(s) will be returned for corrections and you may not be able to pass this assessment item, or this unit, unless the evaluations are completed according to these instructions. You will have one (1) opportunity to resubmit returned evaluations.

Please Note: Failure to comply with the Professional Practice Placement agreement for any site with regard to student attendance, expectations, behaviour, or communication during a placement may result in cancellation of all placements at that site. Consequently, this may result in a Fail grade being awarded for the unit to which non-compliance applies and rescheduling of placement site(s) for other units where WIL activities are required.

Further detail regarding placement and this assessment task will be made available on the ESSC13009 Moodle site.

Assessment Due Date

Professional Practice Evaluation 1 (formative assessment) must be submitted immediately on completion of the first 25 hours of your placement. Professional Practice Evaluation 2 (summative assessment) must be submitted on immediately on completion of the final 25 hours of your placement. Irrespective of when you commence your placement, both Evaluations must be submitted by Week 12 Friday (4 October 2024) 5:00 pm AEST. In the event your documentation contains insufficient detail or is incomplete and requires resubmission, the resubmission must be no later than Review/Exam Week Friday (11 October 2024) 5:00 pm AEST. In the absence of an approved extension, any submissions received after the due date will not be graded and you may not be able to pass this unit.

Return Date to Students

Professional Practice Evaluations will be returned within 2 weeks of submission.

Weighting

Pass/Fail

Minimum mark or grade

You must achieve a 'Pass' mark in order to pass this assessment item. If you do not achieve a 'Pass' mark for this assessment item you will not be able to pass the unit overall.

Assessment Criteria

The Professional Practice Evaluations comprises an assessment tool your placement supervisor will complete regarding your performance and competency while on placement. The evaluation tool shall consist of two sections: Professional Practice Competencies and Exercise Scientist Competencies.

Professional Practice Evaluation 1 is a *formative* assessment and the outcomes of this assessment are used to help identify areas in which you are doing well in and areas that need improvement.

Professional Practice Evaluation 2 is a *summative* assessment and you must attain the minimum pass mark to pass this assessment item.

A template for this assessment will be made available on the ESSC13009 Moodle site, covering these areas:

Professional Practice Competencies

- Professional behaviour and demeanor
- Communication with clients
- Communication and teamwork with colleagues
- Critical thinking and analysis
- Self-improvement and development
- Exercise Scientist Competencies

Client assessment

- Interpretation of findings
- Development of exercise plan(s)
- Implementation of exercise plan(s)
- Evaluation of exercise plan(s)

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

Your Professional Practice Evaluations must be uploaded via the unit Moodle site using the template provided in .doc, .docx, or .pdf format.

Learning Outcomes Assessed

- Prepare professional documentation related to employment in the exercise and sport science industry
- Reflect on performance and experiences in the exercise and sport science industry
- Conduct the duties of an exercise and sport science practitioner in a professional setting.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Team Work
- Cross Cultural Competence
- Ethical practice

4 Record of Student Engagement

Assessment Type

Learning logs / diaries / Journal / log books

Task Description

In this assessment task, you will provide detail and evidence of your 50 hours of ESSA-approved placement and be assessed on how this evidence aligns with ESSA Accredited Exercise Scientist (AES) professional attributes. Your evidence presented in this assessment will be graded as Pass or Fail.

A separate Record of Student Engagement must be completed for each unit and each site. You must complete the template available on the ESSC13009 Moodle site, which also includes a logbook of the hours you have completed. When completing this assessment please ensure you check the ESSC13009 box as the relevant ESSC unit. The Record of Student Engagement must also be signed by your placement supervisor. An example of the level of detail required for the Record of Student Engagement will be made available on the ESSC13009 Moodle site.

Assessment Due Date

Your Record of Student Engagement is due Review/Exam Week Tuesday (8 October 2024) at 8:00 am AEST. In the event your documentation contains insufficient detail or is incomplete and requires resubmission, the resubmission must be no later than Review/Exam Week Friday (11 October 2024) 5:00 pm AEST. In the absence of an approved extension, any submissions received after the due date will not be graded and you may not be able to pass this unit.

Return Date to Students

Your Record of Student Engagement will be returned within 2 weeks of submission.

Weighting

Pass/Fail

Minimum mark or grade

You must achieve a 'Pass' mark in order to pass this assessment item. If you do not achieve a 'Pass' mark for this assessment item you may not be able to pass this unit overall.

Assessment Criteria

The Record of Student Engagement is graded as Pass/Fail. Sufficient detail is required in regard to the client description and description of services, reference to the appropriate ESSA AES professional attributes, as well as the detail and adequacy of the placement hours. In the event of completing placement across multiple sites, the Record of Student Engagement must be completed for each site.

Your Record of Student Engagement will be marked according to the following criteria to comply with the guidelines stipulated by ESSA:

Sufficient detail of dates, hours, client(s) description (anonymised), description of services, supervisor's name, and supervisor's signature. Reference to the appropriate ESSA AES professional attributes completed during placement. A breakdown of hours for "Exercise Assessment, Prescription, and Delivery" (Category 1) and "Sport Science Other" (Category 2) tasks is included, using the descriptors available on the ESSC13009 Moodle site. This document will be typed and uploaded as a .doc, .docx, or PDF file.

An example of the level of detail required for the Record of Student Engagement will be made available on the ESSC13009 Moodle site. Records of Student Engagement that do not contain sufficient detail, are not signed by the placement supervisor, or are not clearly typed, will be returned for corrections. You may not be able to pass this assessment item, or this unit unless the Record of Student Engagement meets the requirements described above, which are in accordance with ESSA standards. If a Record of Student Engagement is returned for corrections you will be given one (1) opportunity to resubmit that Record of Student Engagement.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

Record of Student Engagement entries must be typed and uploaded via the ESSC13009 Moodle site using the template provided as a .pdf, .doc, or .docx file.

Learning Outcomes Assessed

- Prepare professional documentation related to employment in the exercise and sport science industry

Graduate Attributes

- Communication
- Information Technology Competence
- Ethical practice

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem