



CHIR12006 *Foundations of Chiropractic Practice*

4

Term 2 - 2024

Profile information current as at 06/07/2025 02:27 am

All details in this unit profile for CHIR12006 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

In Foundations of Chiropractic 4, you will commence development of manipulative technique setups relative to the spine and pelvis, temporomandibular joints and extremities. You will continue to build your knowledge of functional biomechanics of the spine, pelvis and extremities as you perform further musculoskeletal assessments. Current public health issues and the potential roles of the chiropractic profession will be investigated.

Details

Career Level: *Undergraduate*

Unit Level: *Level 2*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Pre-requisites: CHIR12005 & CHIR12004

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 2 - 2024

- Brisbane

Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **On-campus Activity**

Weighting: 30%

2. **Portfolio**

Weighting: 30%

3. **Objective Structured Clinical Examinations (OSCEs)**

Weighting: Pass/Fail

4. **Written Assessment**

Weighting: 40%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from In person

Feedback

The students felt that more diversity in regard to the patients and practitioners in the video resources would be helpful.

Recommendation

It is recommended that additional videos be generated to create a more diverse and inclusive video resource library.

Feedback from SUTE

Feedback

The students enjoyed the safe, yet challenging environment to deepen their knowledge and skill base.

Recommendation

It is recommended that the teaching staff continue to create a safe, fun and challenging environment for all students.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Interpret basic findings and explain the biomechanics of musculoskeletal assessments of the spine, pelvis, temporomandibular joints and extremities to recommend appropriate management
2. Demonstrate manipulative technique setups for full spine and pelvis, temporomandibular joints and extremities at an introductory level
3. Investigate current public health issues and the potential role of the chiropractic profession.

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes		
	1	2	3
1 - On-campus Activity - 30%	•	•	
2 - Portfolio - 30%			•
3 - Objective Structured Clinical Examinations (OSCEs) - 0%		•	
4 - Written Assessment - 40%	•		•

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes		
	1	2	3
1 - Communication	•	•	•
2 - Problem Solving	•	•	•
3 - Critical Thinking	•		•
4 - Information Literacy			•
5 - Team Work	•	•	
6 - Information Technology Competence			
7 - Cross Cultural Competence		•	
8 - Ethical practice			•
9 - Social Innovation			
10 - Aboriginal and Torres Strait Islander Cultures			

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - On-campus Activity - 30%	•	•			•		•	•		
2 - Portfolio - 30%	•	•	•	•				•		
3 - Objective Structured Clinical Examinations (OSCEs) - 0%	•	•						•		
4 - Written Assessment - 40%	•	•	•					•		

Textbooks and Resources

Textbooks

There are no required textbooks.

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Bianca Zietsman Unit Coordinator

b.zietsman@cqu.edu.au

Schedule

Week 1 - 08 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lectures: 1. Welcome to Foundations of Chiropractic Practice 4: Introduction 2. Introduction to the biomechanics of wrist and hand manipulative set ups Practical's: 1. Wrist and Hand practical	Bergmann, T "Chiropractic Technique; Principles and Procedures, 3rd edition" -evaluation and adjustive procedures (set-ups) for the wrist and hand pages 329-337	

Week 2 - 15 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lectures: 1. Introduction to the biomechanics of elbow and knee manipulative set ups 2. Patient Communication and Informed Consent Practical's: 1. Elbow and knee practical	Bergmann, T "Chiropractic Technique; Principles and Procedures, 3rd edition" - evaluation and adjustive procedures (set-ups) for the elbow (pages 319 - 325) and knee (pages 354 - 364)	

Week 3 - 22 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lectures: 1. Introduction to the biomechanics of shoulder manipulative set ups 2. Burden of Musculoskeletal disease in Australia and beyond Practical's: 1. Shoulder practical	Bergmann, T "Chiropractic Technique; Principles and Procedures, 3rd edition" - evaluation and adjustive procedures (set-ups) for the shoulder pages 298 - 315	

Week 4 - 29 Jul 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lectures: 1. Introduction to the biomechanics of cervical spine manipulative set ups Practical's: 1. Cervical spine practical	Bergmann, T "Chiropractic Technique; Principles and Procedures, 3rd edition" (set-ups) for the Cervical spine pages 162 - 174 and lower cervical spine adjustments pages 180-188 (refer to the practical ppts for specific set ups)	Portfolio : Moodle Quiz 1 Thursday of week 4 and opens at 14:00 AEST and closes at 21:00 AEST

Week 5 - 05 Aug 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Lectures:

1. Introduction to the biomechanics of temporomandibular joint (TMJ) assessment and manipulative set ups

Practical's:

1. TMJ practical

Bergmann, T "Chiropractic Technique; Principles and Procedures, 3rd edition" evaluation and adjustive procedures for the TMJ pages 288 - 294

Vacation Week - 12 Aug 2024

Module/Topic	Chapter	Events and Submissions/Topic
Week 6 - 19 Aug 2024		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture: 1. Culture and health - how they are related		OSCE 1- Due: week 6 second practical class, individual timeslot will be released on moodle ahead of time.
Practical's: 1. Review 2. Mid-term OSCE		On-campus activity Due: Week 6 Wednesday (21 Aug 2024) 10:00 am AEST

Week 7 - 26 Aug 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lectures: 1. Introduction to the biomechanics of thoracic and rib manipulative set ups 2. Adjusting levers in manipulative therapy	Bergmann, T "Chiropractic Technique; Principles and Procedures, 3rd edition" evaluation and adjustive procedures (set-ups) for the Thoracic spine and ribs pages 195 - 232 (refer to the practical ppts for specific set ups)	
Practical's: 1. Thoracic and rib practical		

Week 8 - 02 Sep 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lectures: 1. Introduction to the biomechanics of lumbar spine and pelvis manipulative set ups	Bergmann, T "Chiropractic Technique; Principles and Procedures, 3rd edition" evaluation and adjustive procedures (set-ups) for the lumbar spine pages 238 - 266 and for the pelvis 274 - 280	
Practical's: 1. Lumbar and pelvis practical		

Week 9 - 09 Sep 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lectures: 1. Introduction to the biomechanics of hip manipulative set ups	Bergmann, T "Chiropractic Technique; Principles and Procedures, 3rd edition" evaluation and adjustive procedures for the hip pages 344-349	Portfolio: Infographic Poster Due: Thursday 09:00 AEST of week 9 (12th September)
Practical's: 1. Hip practical		

Week 10 - 16 Sep 2024

Module/Topic	Chapter	Events and Submissions/Topic
Lectures: 1. Introduction to the biomechanics of foot and ankle manipulative set ups 2. Health promotion	Bergmann, T "Chiropractic Technique; Principles and Procedures, 3rd edition"- evaluation and adjustive procedures for the foot and ankle pages 368- 380	
Practical's: 1. Foot and ankle practical		

Week 11 - 23 Sep 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Lectures:

1. Culture and health - how health practitioners can play a role

Practical's:

1. Review

Week 12 - 30 Sep 2024

Module/Topic	Chapter	Events and Submissions/Topic
Practical: OSCE 2		OSCE 2- Due: week 12 first practical class timeslot, individual timeslot will be released on moodle ahead of time. OSCE week 12 Due: Week 12 Monday (30 Sept 2024) 10:00 am AEST

Review/Exam Week - 07 Oct 2024

Module/Topic	Chapter	Events and Submissions/Topic
End of term test		End of Term Test: Please note this is an in person test on the BNE campus, and will be invigilated by a member of the chiropractic team. Room allocation TBC End of term test Due: Review/Exam Week Wednesday (9 Oct 2024) 9:00 am AEST

Exam Week - 14 Oct 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Assessment Tasks

1 On-campus activity

Assessment Type

On-campus Activity

Task Description

This on-campus activity will consist of several components.

Week 6 OSCE - components will consist of:

- Performing chiropractic technique manipulative set ups for the cervical spine and upper extremities.
- Demonstration of appropriate patient communication and practitioner positioning.
- Appropriate hygiene and informed patient consent procedures.

Please note; all practical assessments will be video recorded for moderation purposes. Recordings will not be made available for general review but will be accessed by staff to ensure grades are appropriately awarded.

Assessment Due Date

Week 6 Wednesday (21 Aug 2024) 10:00 am AEST

This activity will take place in the second class of week 6 with the results released to students by 17:00 on Friday.

Return Date to Students

Week 6 Friday (23 Aug 2024)

Via Moodle and in person feedback in the next practical class.

Weighting

30%

Minimum mark or grade

50%

Assessment Criteria

The assessment criteria for this unit will seek to ensure that this assessment examines your newly developed clinical skills. A detailed rubric will be provided on Moodle.

The criteria will examine the following:

- Professionalism and effective communication with your mock patient
- Knowledge and clinical skills - demonstrating manipulative set-ups and patient assessments
- Ethical practice

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Offline

Submission Instructions

The unit coordinator will enter grades from the marked rubrics.

Learning Outcomes Assessed

- Interpret basic findings and explain the biomechanics of musculoskeletal assessments of the spine, pelvis, temporomandibular joints and extremities to recommend appropriate management
- Demonstrate manipulative technique setups for full spine and pelvis, temporomandibular joints and extremities at an introductory level

Graduate Attributes

- Communication
- Problem Solving
- Team Work
- Cross Cultural Competence
- Ethical practice

2 Portfolio

Assessment Type

Portfolio

Task Description

Your portfolio task will be made up of two parts, worth 15% each:

a) One online quiz which will occur on Thursday of week 4. It will be open for 7 hours (14:00-21:00 AEST) and you will have 30 minutes to complete it. The quiz will assess your understanding and knowledge of the theoretical content delivered in the lectures and practical's this term. The questions will be written to test your comprehension and application of the material.

b) One infographic poster which will be due on Thursday of week 9 at 09:00 AEST. The Infographic is a visual (graphic) representation of data and knowledge designed to present complex ideas quickly and clearly while following a narrative set out individually to students. Students are encouraged to use Artificial Intelligence (AI) in the creation of this task.

There will be a full marking rubric provided to the students.

These tasks will assess the following:

- Problem solving and critical thinking.
- Information literacy and communication.
- Staying current with technological development and healthcare.

Assessment Due Date

Each of the tasks in the portfolio will be due on Thursday of weeks 4 and 9. Please ensure you schedule time to complete this task.

Return Date to Students

a) The results of the quiz will be released via Moodle after all students have completed the task and the quiz is closed; b) the portfolio part b will be individually hand marked and returned within 2 weeks to students.

Weighting

30%

Minimum mark or grade

50%

Assessment Criteria

Part a) The assessment criteria will involve selecting or providing the most accurate and correct answers to the questions posed in the quiz on moodle.

Part b) The infographic will be marked against the following domains: content, graphics, design, representation, writing and references. A full detailed marking rubric will be provided to students at the start of term.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

Please ensure you attach your marking rubric and reflection statement with your infographic

Learning Outcomes Assessed

- Investigate current public health issues and the potential role of the chiropractic profession.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Ethical practice

3 OSCE week 12

Assessment Type

Objective Structured Clinical Examinations (OSCEs)

Task Description

Week 12 OSCE - components will consist of:

- a) Performing chiropractic technique manipulative set ups for the thoracic and lumbar spine and lower extremities
- b) Demonstration of appropriate patient communication and practitioner positioning.
- c) Appropriate hygiene and informed patient consent procedures

Please note; all practical assessments will be video recorded for moderation purposes. Recordings will not be made available for general review but will be accessed by staff to ensure grades are appropriately awarded.

Assessment Due Date

Week 12 Monday (30 Sept 2024) 10:00 am AEST

A schedule for timeslots will be distributed via the Moodle forum prior to the week of the OSCEs.

Return Date to Students

Week 12 Wednesday (2 Oct 2024)

Results will be returned via Moodle

Weighting

Pass/Fail

Minimum mark or grade

65%

Assessment Criteria

The assessment criteria for this task will ensure that this assessment examines your newly developed clinical skills. A detailed rubric will be provided on Moodle. This OSCE is a pass/fail task and you must achieve 65% to pass.

The criteria will examine the following:

- Professionalism and effective communication with your mock patient

- Knowledge and clinical skills - demonstrating manipulative set-ups and patient assessments
- Ethical practice

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Offline

Submission Instructions

The unit coordinator will enter the final grades from the rubrics into Moodle.

Learning Outcomes Assessed

- Demonstrate manipulative technique setups for full spine and pelvis, temporomandibular joints and extremities at an introductory level

Graduate Attributes

- Communication
- Problem Solving
- Ethical practice

4 End of term test

Assessment Type

Written Assessment

Task Description

This end of term test will be undertaken in a CQUni computer lab on whichever campus that you are enrolled. The test will involve a mix of question types including multiple choice, short answer and matching styles. The test will assess all theoretical content taught across weeks 1-12.

Assessment Due Date

Review/Exam Week Wednesday (9 Oct 2024) 9:00 am AEST

The end of term test starts at 09:00 AEST on Wednesday 09/10/2024 in timetabled computer labs

Return Date to Students

Exam Week Friday (18 Oct 2024)

Results will be released via Moodle within 14 days

Weighting

40%

Minimum mark or grade

50%

Assessment Criteria

This is quiz will assess your comprehension and application of all the content delivered across the 12 weeks of term. You will undertake the test in a computer lab and the multiple choice questions will be automatically marked by Moodle while the short answer questions will be marked by the UC. The assessment criteria will involve selecting or providing the correct answers and communicating your answers clearly in written form.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

This test will take place on your CQUni campus in a computer lab, it will be invigilated by a chiropractic staff member and run via Moodle.

Learning Outcomes Assessed

- Interpret basic findings and explain the biomechanics of musculoskeletal assessments of the spine, pelvis, temporomandibular joints and extremities to recommend appropriate management
- Investigate current public health issues and the potential role of the chiropractic profession.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Ethical practice

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?

**Be Honest**

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own

**Seek Help**

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)

**Produce Original Work**

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem